



## Teletherapy Services

The teletherapy service mode provides opportunities for continued treatment while maintaining the continuity of care. Teletherapy is a unique and dynamic service delivery mode that is not appropriate for all children and not covered by all insurances. While Teletherapy is a diverse and accommodating mode for most families, there are some criteria in determining if this is appropriate for your family. Also, not all insurances reimburse for telehealth services. Please see the list of payers currently covering teletherapy at the bottom of this document.

For success in teletherapy sessions success here is what is needed:

- 1) Access to technology such as a laptop, iPhone or device with video capability
- 2) A parent or caregiver that will be able to participate during the therapy session
- 3) Signed consent form for teletherapy. See link below.

If this is something that you would like us to explore further for your child, and you see your insurance listed at the bottom, or you are willing to privately pay for teletherapy, **please inquire via email to [kids@pediatric-therapy.com](mailto:kids@pediatric-therapy.com)**. We will also need you to complete the Telehealth Consent Form, accessible [here](#).

We will then contact you as to the next steps to determine if services are appropriate for you child and if so initiate them.

Best Regards,  
The Children's Therapy Center

### List of Insurances Covering Teletherapy

Aetna  
Anthem  
Carefirst  
Cigna/ASH  
Federal Blue Cross/Blue Shield  
GEHA  
Johns Hopkins  
Tricare/Humana  
United Healthcare

If you do not see your insurance listed, we strongly encourage you to call your insurance provider and urge them to cover telehealth for your child's therapy in this pandemic time. Patient access to medical care should be the top priority and they are risking your child's therapy regression by not covering it as so many insurance carriers are.

Also know that you can also choose to privately pay for teletherapy. Please contact us for more information.